



# Western Canada Tour June 29 - July 6

2025 USA South Panthers - U16/18 Boys & Girls



- Sunday, June 29**      Players fly to Victoria, BC (YYJ)  
Sightseeing and lunch in Victoria, then bus to Shawnigan Lake School  
Evening Training at SLS
- Monday, June 30**      AM – Guest Coaching Sessions  
PM – Sightseeing / Team Building
- Tuesday, July 1**      AM – Light Training  
**PM – Matches vs. Vancouver Island Crimson Tide / Hawkeyes**
- Wednesday, July 2**      AM – Relax / Recovery swim  
PM – Fly out of Victoria (YYJ) to Calgary (YYC)  
Check-in to Sheraton Four Points (Canada Olympic Park)
- Thursday, July 3**      AM – Training Session @ Calgary Saracens  
**Late Afternoon / Evening - Matches**  
**@ CRU vs. Calgary Mavericks / Hawkeyes**  
**Hosted Supper @ Clubhouse**
- Friday, July 4<sup>th</sup>**      Sightseeing trip to Banff – buses (and return) from hotel to Banff  
Sulfur Mountain Gondola / Johnson Canyon Waterfalls / Walk thru Banff
- Saturday, July 5**      Day at the Calgary Stampede (**possible 7s teams to play**)
- Sunday, July 6**      Flight Home